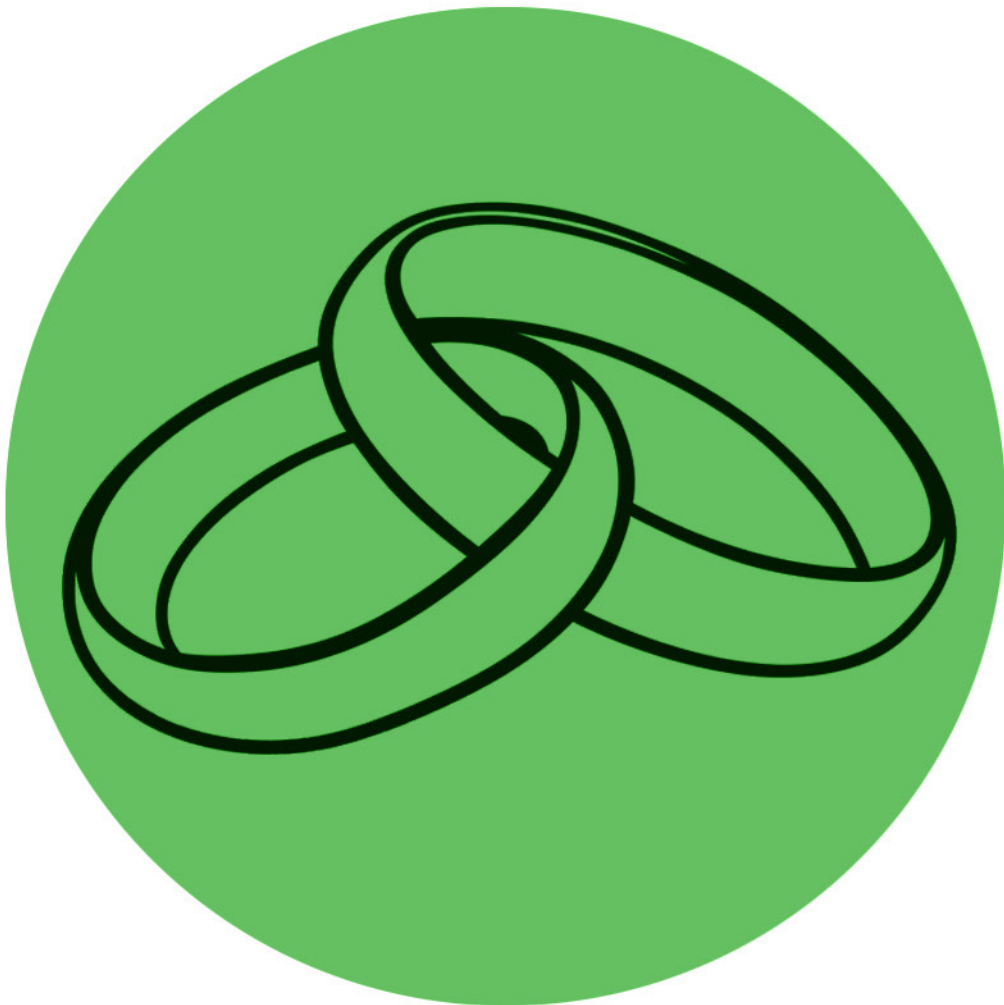


# Personal Development Resources

## Safeguarding - Forced Marriage

Quick Guide



# Safeguarding - Forced Marriage



## What is Forced Marriage?

A forced marriage is a marriage without the full consent of both parties and where pressure or threats are a factor. This is very different to an arranged marriage, which both people will have agreed to.

Emotional pressure from their family might stop them from saying anything to anyone else. The lack of control over their own decisions can lead them to depression and self-harm.

Often, people who are being forced into marriage can't talk about what's happening to them.



## What are the indicators?

- Truancy/absence
- Low motivation
- Lack of punctuality
- Self harm or attempted suicide
- Depression and isolation
- Eating disorders
- Brothers/sisters forced to marry or reported missing
- Family disputes
- Runaways
- Domestic violence
- Substance misuse



## What should I do if I suspect someone is at risk?

If you have any concern that an individual may be involved in a forced marriage, contact t2's Safeguarding & Prevent Lead, Stacy Preston on 07876 824157.

Further support

**Karma Nirvana** – <http://www.karmanirvana.org.uk/>

**Supportline** - <https://www.supportline.org.uk/problems/forced-marriages/>

**Plan for Girls** – <http://www.plan-uk.org/>

**Foreign & Commonwealth Office** – <http://www.fco.gov.uk/en/travel-and-living-abroad/when-things-go-wrong/forced-marriage/>