

Level 3

Health and Social Care Apprenticeship (Wales)

DURATION

13

MONTHS



The Level 3 Health and Social Care Apprenticeship will enable you to develop and demonstrate your knowledge, understanding, behaviours, skills and practice within a health and social care setting. In particular, you will be able to demonstrate that you understand and apply in practice the principles and values which underpin health and social care. This will include person-centred approaches, awareness of key policies and how to apply a range of problem-solving techniques.

This is a relatively new qualification for individuals working in the Health and Social Care Sector. The knowledge, understanding and skills you require to achieve within this qualification are built on the content of the Level 2 Health and Social Care: Core (Adults) and will reflect across your senior role and responsibilities.

How we deliver this programme

This programme is delivered on a one to one basis in your workplace by your own dedicated Personal Development Manager.

They will meet with you every month (face to face or virtually) to provide teaching and training to help you develop new knowledge and skills, and guide you through the programme.

They will then assess your competence by observing you applying the new skills at work and helping you develop a portfolio of evidence to demonstrate how you have met the requirements of the Apprenticeship.

Qualifications included in this Apprenticeship

On successful completion you will achieve the following qualifications:

- Level 3 Apprenticeship in Health and Social Care
- City and Guilds Level 2 Certificate in Health & Social Care: Core
- City and Guilds Level 3 Certificate in Health & Social Care: Practice (Adults)
- Essential Skills in Application of Number Level 2 (if required)
- Essential Skills in Communication Level 2 (if required)

The programme is split into two elements – Core & Practice

Core

This element is aimed at those employed in or looking to gain employment within the health and social care sectors covering the 'Core' knowledge and understanding of the health and social care induction framework. Completion is a requirement for all of the Level 2 and 3 Health and Social Care Practice qualifications.

The Core element of the qualification will be delivered over seven sessions. Each session will be between 1 – 3 hours and will be supported by dedicated resources. Health and Social Care Core contains 5 mandatory units which will help you understand theory and legislation related to your practice.

You will complete a workbook as well as a reflective log related to the learning for each session. Your Personal Development Manager will support you to fulfil the requirements of the Core and prepare for the Practice element of the qualification.

The five mandatory units for the Core element are as follows:

Unit 001 - Principles and values of health and social care

- Know how legislation, national policies and Code of Conduct and Practice underpin health and social care and support for individuals
- Know how rights-based approaches relate to health and social care
- Know how to use person-centred approaches
- Know how to promote Equality, Diversity & Inclusion
- Know how positive risk-taking supports well-being, voice, choice and control
- Know how to develop positive relationships with individuals, their families and carers in the context of professional boundaries
- Understand the importance of effective communication in health and social care
- Understand the importance of Welsh language and culture for individuals and carers
- Know how positive approaches can be used to reduce restrictive practices in social care
- Know how change and transactions impact upon individuals
- Know how own beliefs, values and life experiences can affect attitude and behaviour towards individuals and carers

Unit 003 – Health and well-being (adults)

- Understand what well-being means in the context of health and social care
- Understand the factors that impact upon the health and well-being of individuals
- Know how to support individuals with their personal care and continence management
- Know what is meant by good practice in relation to pressure area care
- Know how to support good oral health care and mouth care for individuals
- Understand the importance of foot care and the health and well-being of individuals
- Understand the roles and responsibilities related to the administration of medication in health and social care settings
- Understand the importance of nutrition and hydration for the health and well-being of individuals
- Understand the factors that affect end of life care
- Know how assistive technology can be used to support the health and well-being of individuals
- Know how sensory loss can impact upon the health and well-being of individuals

- Know how living with dementia can impact the health and well-being of individuals
- Know how mental ill-health can impact upon the health and well-being of individuals
- Know how substance misuse can impact upon the health and well-being of individuals

Unit 005 – Professional practice as a health and social care worker

- Understand the role, responsibilities and accountabilities of health and social care workers
- Know how to develop and maintain effective partnership working with others in health and social care
- Know how effective team working supports good practice in health and social care
- Know how to handle information
- Understand the importance of upholding the profession of health and social care workers
- Know how continuing professional development contributes to professional practice

Unit 006 – Safeguarding individuals

- Understand the purpose of legislation, national policies and Codes of Conduct and Professional Practice in relation to the safeguarding of individuals
- Know how to work in ways that safeguard individuals from harm, abuse and neglect
- Understand the factors, situations and actions that could lead or contribute to harm, abuse or neglect
- Know how to respond, record and report concerns, disclosures or allegations related to safeguarding

Unit 007 – Health and safety in health and social care

- Know how to meet legislative requirements for health and safety in the workplace
- Know how risk assessments are used to support health and safety in the workplace
- Know how to promote fire safety in work settings
- Understand the key principles of moving and handling and moving and positioning
- Understand the main routes to infection and how to prevent the spread of infections in the workplace
- Know how to implement food safety measures
- Know how to store, use and dispose of hazardous substances safely
- Know how to maintain security in the work setting
- Know how to manage stress

To achieve the Core element of the Health and Social Care Level 3 qualification, you must pass:

- 3 externally set scenario-based assessments

You will have 60 minutes to complete each scenario-based assessment and must achieve 75% to pass each one. You will also have the opportunity to practice the assessments in preparation of the live task.

- 1 externally set multiple choice test. You will have 1 hour and 15 minutes to answer 45 questions.

You will need to achieve 75% to pass.

Practice

The Practice element will enable you to demonstrate the knowledge, skills and behaviours required by the Health and Social Care sector.

The qualification develops your ability to practically support the health and social care needs of adults in a range of settings. The content of this qualification consolidates the knowledge gained through the achievement of the Level 2 Health and Social Care Core qualification.

To achieve the Level 3 Health and Social Care: Practice (Adults) qualification, you must achieve:

- 1 mandatory unit (14 credits)
- A minimum of 14 credits from optional group A
- The balance of 18 credits can be achieved from units in optional groups A or B.

Mandatory Unit	Level	CV*	GLH**
Promoting core practice in Health and Social Care (Adults)	3	18	100

Group A

Unit	Level	CV*	GLH**
Using assessments for the development of personal plans	4	6	35
Co-ordinating care and support for individuals living in their own homes	4	8	30
Promoting care and support for individuals living in their own homes	3	10	45
Promoting care and support for individuals living in care home settings	3	13	45
Promoting support for individuals living with dementia	3	11	45
Supporting individuals with the use of electronic assistive technology	3	4	20
Providing support for individuals to achieve reablement outcomes	3	5	20
Supporting individuals who misuse substances	3	7	40
Supporting individuals living in an adult placement/shared lives arrangement	3	5	35
Promoting support for individuals with a learning disability and/or autism	3	8	40
Promoting positive approaches for behaviour support	3	6	40
Supporting individuals living with mental ill-health	3	7	40
Supporting individuals with a physical impairment	3	4	25
Supporting individuals with an acquired brain injury	3	8	40
Contributing to the support of individuals who misuse substances	2	4	30

Group B

Unit	Level	CV*	GLH**
Providing support to adults living with epilepsy	3	3	20
Undertaking capillary blood glucose monitoring	3	3	15
Taking venous blood samples from adults	3	3	20
Providing care for adults living with cancer	3	5	20
Palliative and end of life care for adults	3	7	35
Undertaking stoma care	3	3	20
Undertaking non-complex wound care	3	4	20
Administering adrenaline auto-injections	3	3	15
Facilitate group learning	3	4	20
Supporting individuals with enteral feeding	3	3	15
Health promotion	3	3	20
Working as a personal assistant with individuals	3	3	20
Supporting individuals to access advocacy	3	4	25
Supporting the use of medication in social care settings	3	5	35
Supporting adults to manage their diabetes mellitus	3	3	20
Undertaking physiological measurements in adults	3	3	20
Providing care to adults with indwelling urinary catheters	3	3	20
Providing care and support for adults with Coronary Heart Disease (CHD)	3	3	20
Providing recognition, escalation and response to acute physical deterioration	3	3	20
Supporting nutrition and hydration for individuals with special dietary requirements	3	2	20
Supporting individuals to manage dysphagia	3	3	20
Undertaking electrocardiography (ECG)	3	4	20
Providing care and support for adults with chronic respiratory conditions	3	3	20
Providing support to individuals following a stroke	2	3	25
Responding to anaphylactic reactions	2	2	10
Supporting individuals with management of continence	2	4	15
Supporting individuals with moving and positioning	2	3	20
Supporting individuals to maintain mobility and minimise the risk of falls	2	2	20
Supporting individuals with sensory loss	2	3	20
Supporting food safety practice in health and social care settings	2	2	10
Supporting individuals to manage pain and discomfort	2	2	15
Undertaking peak expiratory flow rate (PEFR) readings	2	2	15

*Credit value **Guided learning hours

To achieve the **Practice** element of the qualification, you must complete the following at the required level:

- A portfolio of work which meets the requirements of the qualification. This will include planning 4 separate tasks which allow you to demonstrate how you work with individuals.

These activities will be observed by your Personal Development Manager and planned with your line manager and must be reflected within your practice.

- A professional discussion with your Personal Development Manager about your learning experience and how you have met the requirements of the qualification.

Care, its what we do

For a copy of this course outline in Welsh please contact
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For more information contact us at:  **029 2079 9133**

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European Social Fund**